



# St. Thomas Mar Thoma Church, NY

34 Morris Street, Yonkers, NY 10705

<http://www.stthomasmtc.org>

*Feb*



*2025*

Secretary:  
**P.T.THOMAS**  
10 Carbery Ct  
Pomona NY 10970  
Ph: (845) 596-3030  
Email: [pt@ptthomas.net](mailto:pt@ptthomas.net)

Vicar / President:  
**Rev. John Philip**  
34 Morris St.  
Yonkers NY 10705  
Home (914) 376-6530  
Cell (914) 450-3162  
[vicar@stthomasmtc.org](mailto:vicar@stthomasmtc.org)



**NEWSLETTER VOL. XLV NO. 2**

**WORSHIP SERVICE SCHEDULE**  
**MAR THOMA SYRIAN CHURCH OF MALABAR**

Date	Time	Worship
Sun, Feb 2	9.30 AM	English Holy Communion Service Live Stream available
Sun, Feb 9	9.30 AM	English Holy Communion Service Live Stream available
Sun, Feb 16	9.30 AM	Malayalam Holy Communion Service Live Stream available
Sun, Feb 23	9.30 AM	Malayalam Holy Communion Service Live Stream Available

**Lectionary and the important days in the church calendar**

Day & Date	Lessons	Epistle-Gospels
<b>Sun Feb 2</b>	Medical Mission Sunday: Jesus who gives complete healing, Our Lord's entrance to the Temple	
	2Kgs 20:1-11 Heb 9:11-14	Jas 5:13-18 Mark 5:25-34
Sun Feb 9	Beginning of the 130th Session of Maramon Convention, God's Sublime Creation	
	Isa 40:12-26 Rom 8:19-25	Col 1:15-20 Matt 6:26-30
<b>Sun Feb 16</b>	Conclusion of the 130th Session of the Maramon Convention, Abundant life through the experience of the Kingdom of God	
	Isa 11:1-9 Eph 3:16-21	1Cor 1:4-9 John 4:4-15
<b>Sun Feb 23</b>	Reorganization of life to experience the Kingdom of God	
	Ezek 36:24-31 Eph 4:17-24	1Pet 2:1-10 Luke 19:1-10

**EXECUTIVE COMMITTEE - 2024**

<u>Position</u>	<u>Full Name</u>	<u>Home Phone</u>
Vicar/President	Rev. John Philip	(914) 450-3162
Vice President	Mr. K.C. Thomas	(914) 374-7180
Secretary	Mr. P.T. Thomas	(845) 596-3030
Treasurer	Mr. Biju P. Varughese	(845) 5960537
Accountant	Mr. Ullas P Thannickal	(845) 638-8075
Lay Leader - Malayalam	Mr. M J George	(914) 924-7774
Lay Leader - English	Mr. Sean Thannickal	(845) 498-8976

**AREA PRAYER GROUP REPRESENTATIVES**

Manhattan/NJ	Mr. Jacob M Varghese	201-481-3165
Queens/LI	Mr. T P Jacob	(516) 365-3750
Rockland	Mr. M.C. Chacko.	845) 356-1848
Rockland	Mr. Varghese E Oommen	(845) 353-1369
Upper Westchester/CT	Mr. Thankachan Geevarghese	(914) 939-0282
Upper Westchester/CT	Dr. Geevarghese Kochumman	(914) 629-7341
Yonkers East	Mr. Thomas V Varghese	(914) 661-6095
Yonkers North	Mr. K C Thomas	(914) 963-3499
Yonkers South/West/ Bronx	Mr. M J George	(914) 376-7185

**MANDALAM & DIOCESAN REPRESENTATIVES**

Sabha Mandalam	Mr. Cheriyan Varughese	(914) 965-0969
Diocesan Representatives	Mrs. Sherly Thomas	(516) 796-2672
	Mr. Levan G Thomas	(917) 406-1149
	<i>Mr. Samuel K Samuel</i>	(914) 693-8490

**ORGANIZATIONAL REPRESENTATIVES**

Choir	Mr. Danny Eapen	(914) 338-6708
Edavaka Mission	Mr. K G Varghese	(914) 330-9672
Sr Citizens Fellowship	Mr. George Varkey	(845) 268-0812
Sevika Sanghom	Mrs. Rachel Varghese	(914) 330-9672
Sunday School	Mr. Sajjan Abraham	(917) 304-2121
Youth Fellowship	Mr. Shyju Varughese	(845) 5960537
Young Family Fellowship	Mr. Sunil Varughese	(845) 598-3994
Yuvajana Sakhyam	Mr. Sabu Joseph	(914) 364-1850

**AUDITORS**

Mr. Thomas Oommen	(516) 796-2672
Dr. Varghese Abraham	(914) 961-4405

# ~Vicar's Message~

## PARISH ACTIVITIES FOR THE YEAR 2024

Program	Dates	Conveners
<b>Joint Committee Retreat (Completed)</b>	<b>May 5</b>	<b>Secretary</b>
<b>Graduation Recognition (Completed)</b>	<b>June 23</b>	<b>Sajan Abraham</b>
<b>Picnic (Completed)</b>	<b>Sept 17</b>	<b>M J George Sean Thannickal Cheriyar Varughese</b>
<b>Senior Citizens Day (Completed)</b>	<b>September 15</b>	<b>George Varkey</b>
<b>Retreat (Completed)</b>	<b>September 20-22</b>	<b>T P Jacob Sunil Varghese</b>
<b>Convention (Completed)</b>	<b>October 10-13</b>	<b>K G Varghese</b>
<b>Thanksgiving (Completed)</b>	<b>November 28</b>	<b>Samuel K Samuel Cheriyar Varughese</b>
<b>Christmas Carol Service (Completed)</b>	<b>Dec 21</b>	<b>Sherly Thomas Danny Eapen Shyju Varughese</b>
<b>House Caroling (Completed)</b>	<b>December Weekends</b>	<b>Sabu Joseph</b>
<b>Parish Day 2023 (Completed)</b>	<b>January 26, 2025</b>	<b>Secretary</b>
<b>Food Committee</b>		<b>George Varkey Biju P Varughese Thomas Varghese</b>
<b>Mission</b>		
<b>Ushers</b>		
<b>Audio Video Visual</b>		<b>Sabu Joseph Sean Thannickal</b>

Greetings to you all in the name of our Lord and Savior Jesus Christ. The month of February is truly blessed by our Church's Maramon Convention. I pray that God will bless us in these days to participate in the Convention through online media and listen to the Word of God and be blessed. Let me thank the convener Mr. P T Thomas and all who are participated and worked hard for the success of our Parish day. The presence of Westchester County Hon Executive Ken Jenkins and our Achen Rev. Abraham Sudeep Oommen really honored our Parish. It was a great blessing to be able to hold the English Convention in connection with the Parish Day. Thanks to Dr Vino Daniel for leadership. As we entered into a new financial year, I request all remaining organization to prepare for the general body.



Let's thank God for the time of Great Lent. We will begin our valiyanombu-great lent from March 2nd, 2025. It is the most important Lents in our Church. I humbly request you all to kindly participate in this blessed service. Please try to arrange the Sandhya Namaskaram (Lenten prayers) at our homes (6:30 pm), as this would be a great witness to our young and future generations.

The first Sunday we meditate upon Jesus Christ who give complete healing and observers as Medical Mission Sunday. Let's pray for all who related to medical work. We all are called to partake in the healing ministry with Christ. Second Sunday, we meditate upon God's Sublime Creation. A day to contemplate the greatness of God's creation and the greatness of God's care, We should be very grateful to God our Creator for these great blessings. The third week we meditate upon Abundant Life Through the experience of kingdom of God. It is the experience of no harm or destruction, and every person will be filled with the knowledge of God. Fourth Sunday we meditate upon Reorganization of life to experience the kingdom of God. Zacchaeus' life always teaches the need to reorganize life in order to experience the fullness of salvation.

It was a blessed experience for our youth fellowship to hold a winter retreat and I appreciate all of our youth who participated and all the parents who encouraged them to attend. We will have our Youth fellowship meeting every 4th Saturday evening, I request all the members to participate and all the parents are requested to encourage our children to take part in the fellowship. Kindly remind all of you for your sincere cooperation in the charity work being done by our Yuvajana Sakhyam and Senior Citizens Fellowship during these days. May Lord keep us all in his might hands.

With Prayer

Rev. John Philip

# Youth Chaplain's Message

Glory be to the Father, Son, and Holy Spirit - One True God! Amen.

Wow, it is already February! How quickly time is flying!

As the world emphasizes romantic love, it's a great opportunity for Christians to focus on *agape*—God's unconditional, selfless love that transcends emotions and embraces action.

In 1 Corinthians 13, St. Paul's description of love as being patient and kind is truly a countercultural call to practice love that seeks others' well-being. This love is not limited to moments of celebration or affection but extends to those who are hard to love, like strangers, enemies, and those with different opinions. Beloved, as we persevere to embody this love, we discover ourselves evolving and motivated to bring Christ into everything we do.

Amid a world filled with hostility and division, embodying this Christlike love can serve as a powerful testimony. Uncomplicated acts of kindness, listening with empathy, and speaking truth in love cannot only recast relationships but also bring hope and positivity in the face of hardship.

I then implore us all to see that this Valentine's season, let's be intentional about reflecting God's love.

Here's a simple challenge for the days ahead:

1. Pray for Someone Difficult to Love – Lift someone who has hurt or disagreed with you.
2. Commit to One Act of Unconditional Love – Show kindness without expecting anything in return.
3. Encourage Someone – Share a word of affirmation or encouragement with someone who might feel unseen.

May February inspire us to let God's love shape how we see and serve others, especially as we wait on the verge of Great Lent. Through this, we find reassurance and comfort in the ultimate love shown to us through Jesus Christ, guiding us in our daily interactions and decisions.

In Christ's Love,  
JVarghese Achen

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Queens/LI	Mr. T P Jacob	(516)365-3750
Rockland	Mr. Sunny P Ninan	(845) 596-0935
Rockland	Mr. Varghese E Oommen	(845) 353-1369
Upper Westchester/CT	Mr. Cheruthone Mathai	(203) 797-1076
Upper Westchester/CT	Mr. Manoj Mathew	(914) 229-1433
Yonkers East	Mrs Jessy Kuruvilla	(914) 661-6095
Yonkers North	Mr. K C Thomas	(914) 963-3499
Yonkers South/West/ Bronx	Mr. Thomas John	(914) 662-7535

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	Mr. Levan G Thomas	(917) 406-1149
	<i>Mr. Samuel K Samuel</i>	<i>(914) 693-8490</i>

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Edavaka Mission	Mr. John K Abraham	(845) 426-2327
Sr Citizens Fellowship	Mr. George Varkey	(845) 268-0812
Sevika Sanghom	Mrs. Aleyamma Varghese	(914) 378-8094
Sunday School	Mr. Sajan Abraham	(917) 304-2121
Youth Fellowship	Mr. Shyju Varughese	(845) 596 0537
Young Family Fellowship	Mr. John Abraham	(845) 634 9319
Yuvajana Sakhyam	Mr. Jishu Samuel	(914) 690-4868

### **AUDITORS**

Mrs. Elizabeth Abraham	(845) 634-9319
Dr. Varghese Abraham	(914) 961-4405

# JAN ANSWERS AND WINNERS

## **Exodus :11 – 20**

1. Elim(15:27)
2. Rameses to Sukkoth(12:37)
3. Gershom and Eliezer (18:2-4)
4. Tablets of the covenant law (16:34)
5. Highly regarded (11:3)
6. The people of Philistia(15:14)
7. Rephidim (17:8)
8. Image in the form of anything in heaven  
above or on the earth beneath or in the waters  
below.(20:4)
9. Seven days (12:15)
10. Shur (15:22)

## **January Winners**

Sherly Vaidyan  
Leelamma John  
Thankamma John  
Sosamma Varghese  
Mariamma Thomas  
Sosamma Abraham  
Saramma Thankachan  
Susan John  
Mercy Rajan

## Youth Fellowship HouseKeeping

Please make it a priority to send your youth to these events. These gatherings offer more than just activities; they're valuable opportunities for our children to connect with their faith, build lasting friendships, and grow spiritually. Let's give them the chance to experience the joy and purpose found in a life rooted in Christ. Your encouragement and commitment make all the difference in shaping their journey with God and with our community.

### ☑ Combined Youth Fellowship Bible Study

When: Wednesday, February 12 & 26, 2024, at 7:00 pm

Where: Youth Chaplain's Parsonage

Come ready for a night of spiritual growth, connection, and deep discussion! All are invited, and we'd love for you to join us as we dive into God's Word together. Mark your calendars and don't miss out!

### 📅 Monthly Parish Youth Fellowship Meetings


Monthly Parish Youth Fellowship Meetings are happening, and they're filled with activities to deepen our faith and friendships. For more information, please reach out to your Parish Youth Fellowship Secretary, who will have all the details. Let's make the most of these gatherings!

### 🎓 February College Visits – Let's Fellowship in Christ!

Students! Join in on an opportunity to grow together, share life, and encourage one another on campus! Your Youth Chaplain is excited to join you for fellowship, support, and prayer. Whether you need a break, a boost, or a few moments of community, we're here for you. Here's where you can join us:

University of Connecticut (UConn): *Date: February 4, 2025 Time: 4:00 pm - 6:00 pm*

- Adelphi University: *Date: February 5, 2025 Time: 7:00 pm - 8:30 pm*
- Hofstra University: *Date: February 5, 2025 Time: 1:00 pm - 2:00 pm*
- University of Buffalo: *Date: February 12, 2025 Time: 4:00 pm - 5:00 pm*
- University at Albany: *Date: February 18, 2025 Time: 4:00 pm - 5:00 pm*
- Stony Brook University: *Date: February 20, 2025 Time: 1:00 pm - 2:00 pm*
- St. John's University *Date: TBD Time: TBD*

Area	Date & Time	Location
 Manhattan/NJ	Sat Feb 1	TBA
Bronx/Yonkers South and West	Sun Feb 2 6.30 PM	M J and Celine George 109 Adler St South Yonkers NY 10705 (914) 924 7774
Upper Westchester/CT	Sat Feb 8 4 PM	Daniel P.K. Vaidyan 131 Harvard Drive Hartsdale, NY 10530.
Queens/LI	Sun Feb 9 6 PM	Via Zoom
Yonkers East	Sat Feb 15 6PM	Via Zoom
Rockland	Sun Feb 16 5.30 PM	Via Zoom
Yonkers North	Sun, Feb 23 7 PM	Via Zoom

**Senior Citizens Fellowship Meeting will be held on Thursdays Feb 6th and Feb 20th 2025 at 6:30 PM Via Zoom.**

## FEB BIBLE QUIZZ

Exodus :21 – 30

1. ന്യായവിധിപുത്രക്കത്തിനകത്തു എന്തൊക്കെയാണ് വയ്ക്കുന്നത്?
2. സംവത്സരത്തിൽ ആചരിക്കേണ്ട മൂന്ന് ഉത്സവങ്ങൾ ഏതെല്ലാമാണ്?
3. ആരെയാണ് ജീവനോടെ വയ്ക്കരുത് എന്ന് പറയുന്നത്?
4. എന്താണ് കാഴ്ചയുള്ളവരെ കുറുപ്പാക്കുകയും നീതിമാന്മാരുടെ വാക്കുകളെ മറിച്ചു കളകയും ചെയ്യുന്നത്?
5. കാട്ടുമൃഗം കടിച്ചുകീറുന്ന മാംസം ആർക്കാണ് ഇട്ടു കൊടുക്കേണ്ടത്?
6. ഒരു കാള ഒരു പുരുഷനെയും സ്ത്രീയെയും കുത്തിക്കൊന്നാൽ ആ കാളയെ എന്ത് ചെയ്യണം??
7. അഹരോന്റെ പുത്രന്മാർ ആരെല്ലാമാണ്?
8. നിലവിളക്കിന്റെ പാർശ്വങ്ങളിൽ നിന്ന് എത്ര ശാഖ പുറപ്പെടണം?
9. ശേക്കൽ എന്നത് എത്ര ഗേരായാണ്?
10. തങ്കം കൊണ്ട് ഉണ്ടാക്കേണ്ടുന്ന പട്ടത്തിൽ എന്താണ് മുദ്രകൊത്തായി കൊത്തേണ്ടത്?

1. What is put in the breastpiece?
2. What are the three festivals to be observed in the year?
3. Who should not be allow to live?
4. What blinds the seeing and twists the words of the innocent ?
- 5.To whom shall the meat of an animal torn by wild beast be thrown ?
6. If a bull gores a man or a woman to death , what should be done with the bull?
- 7.Who are the sons of Aaron?
8. How many branches should extend from the sides of the lamp?
9. How much gerahs a Shekel ?
10. What should be engraved as a seal on a plate made of gold?

# FEB WEDDING ANNIVERSARIES

## **Manhattan/New Jersey**

- Mr. Manu Thomas & Mrs. Sunitha Punnoose** 11  
327 Merritt Drive
- Mr. Simon Ninan & Mrs. Reena Mary Ninan** 12  
829 Derius Drive
- Mr. Uthup Varkey & Mrs. Joice Uthup** 20  
401 Madison Avenue

## **Queens/Long Island**

- Mr. John K. Mathew & Mrs. Mary John Mathew** 3  
23 Patriots Way
- Mr. Kuruvilla T. Abraham & Mrs. Girly Abraham Kuruvilla** 18  
1421 Alpha Street
- Mr. Philip C. Varghese & Ms. Jibi Mary Raj** 23  
871 Abbott Street

## **Rockland**

- Mr. Koshy M. Thomas & Mrs. Sheeba Koshy** 1  
10 Sturbridge Court
- Mr. Varghese E. Oommen & Mrs. Anitha V.** 7  
6 Mayfield Street
- Mr. Vipin Mathew Varghese & Dr. Joselyn** 8  
2 Huffman Dr.
- Mr. Simon Mathew & Mrs. Lovely Simon** 20  
5 Spruce Dr
- Mr. Samuel E. Oommen & Mrs. Susamma Samuel** 22  
41 Mark Lane
- Mr. George M. Varkey & Mrs. Achamma George** 26  
7 Lowerre Place

## **Yonkers East**

- Dr. Varghese Abraham & Mrs. Mariamma Abraham** 10  
138 Candlewood Drive
- Mr. John P. Thomas & Mrs. Mariamma Thomas** 19  
31 Monrovia Blvd
- Mr. Anil Kuruvilla & Mrs. Sajini Kuruvila** 27  
78 Amherst Drive

## **Yonkers North**

- Mr. Babu David & Mrs. Lizy David** 4  
1532 Nepperhan Ave
- Mr. Monsey Varghese & Mrs. Lissy Varghese** 7  
26 Emerald Street

# Organizational Meetings

## Joint Prayer Meeting Sevika Sanghom and Edavaka Mission

Event	Date & Time	Location
Friday Prayer	Fri, Feb 1 10.00 am	TBA
Friday Prayer	Fri, Feb 8 10:00 am	TBA
Friday Prayer	Fri, Feb 15 10:00 am	TBA
Friday Prayer	Fri, Feb 22 10:00 am	TBA
Friday Prayer	Fri, Feb 29 10:00 am	TBA

# Three Day Lent

February 10: Beginning of three-day Lent: Repentance

February 11: Three-day Lent: Transformation

February 12: Three day Lent ; The redemption of all creation

February 13: Conclusion of three-day Lent: Celebration of redemption

## FEB BIRTHDAYS

### Bronx/Yonkers South/West

Mr. Albin Jose	89 Travers Ave	6
Ms. Chinnu Jacob	80 Riverdale Ave, Apt #3G	9
Mrs. Annamma Thomas	46 Leroy Avenue	11
Ms. Anu Joseph	46 Bryant Road	13
Mr. Thomas Cherian	5020 Goodridge Ave	15
Mr. Ethan Varghese Thomas	68 Linn Ave,	15
Mr. Joel Thomas	15 Intervale Place	15
Mrs. Susan Reji	15 Intervale Place	20
Mrs. Annakutty Joseph	46 Bryant Road	23
Mrs. Roji Joseph	12 Stokes Rd Unit 2B	24
Mr. Jobin Varghese John	172 Vrendenburgh Ave.	27

### Rockland

Shreya Sabu	105 N Harrison Ave	2
Mrs. Jessy S. Samuel	41 Mark Lane	4
Mrs. Anu Mary Shyam	21 Tamar Drive	4
Mr. Marvin Mathew	20 Corinthian Drive	5
Mr. Nevin John	86 Susan Drive	7
Ms. Rebecca Ray Abraham	4 Trotters Trail	9
Mrs. Elizabeth Thomas	713 Abbey Ln	9
Mr. Jaison P. Sunny	128 East Phillips Hill Rd.	10
Mr. Shawn Mammen	2 Tiffin Lane	11
Ms. Mikayla Marie Kalita	6 Walnut Ct	13
Mr. Simon Mathew	5 Spruce Dr	14
Mr. Mano K. Mathew	37 Headden Drive	14
Ms. Saneeta Ann Monzy	12 Edison Court, Apt G	17
Mr. Bonney Varghese	112 RENEE LANE	22
Mr. Binny Mathew Thomas	86 TOWNLINE RD	22
Mrs. Lilly S. Mathew	20 Corinthian Drive	25
Mr. Bino Chacko	137 Lake Region Blvd	26
Mr. Shaji Mammen	2 Tiffin Lane	26
Mr. Richard James Kalita	6 Walnut Ct	27
Gabriel Sujin Samuel	5 Spruce Drive	29

### Upper Westchester/CT

Mr. Dylan M. Thomas	8 Sherbrooke Road	2
Mr. Kavi Philip Abraham	20 Harriman Keep	3
Mrs. Mariamma Koshy	7 Bonnie Meadow Rd	3
Ms. Angela Manoj Mathew	5 Wayne Way	6
Dr. Deepti Paulose	1 Walnut Ave	9
Mr. Danny Jose	40 Evarts Ave	14
Mr. Deepak Danny John	39 Brookland Farms Road	22
Ms. Normani Reni Jones	4037 Bruner Ave.	23

## FEB BIRTHDAYS

### Upper Westchester/CT (contd from previous page)

Mr. Vanchikal J Kurian	20 Paradise Dr	26
Mrs. Saramma Thankachen	67 Sylvan Road	26
Mr. John Kurian	1822 Morris Lane	27
Mrs. Shiji M. Thomas	8 Sherbrooke Road	27
Andrew Varghese Abraham	6 Glen Avenue	29

### Vicar

Ms. Aaralyn Thankam John	34 Morris st	27
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### Yonkers East

Mrs. Eliana Lynn Vaidian	309 Ovid Dr	4
Mrs. Mariamma Jacob	16 June Street	20
Mrs. Leelamma John	130 Heights Drive	25

### Yonkers North

Ms. Sarah George	105 Midland Terrace	7
Mrs. Aleyamma Mathai	201 Shonnard Terrace	13
Mr. Elijah D. George	1117 Nepperhan Ave, 1st Floor	15
Mrs. Annamma Abraham	2936 Starview Lane	26
Dr. Binil T. Varghese	107 Westminster Drive	27

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### STMTC 44TH PARISH DAY

Our 44th parish day was celebrated on Sunday January 26, 2025 immediately after the Holy Cunion Service celebrated by Rev. Sudeep Abraham Oommen. Two days prior to the parish day, we held an English Convention in which the notable Physician Dr Vino Abraham was the main speaker. Our Achen presided over the meeting and both Rev. Sudeep Abraham Oommen and Dr Vino Daniel gave messages. Westchester County Executive Hon Ken Jenkins was the special guest of honor during the parish day celebration. Our Choir and our young children sang beautiful songs during the parish day. A power point showing the history of our church was also presented.